

Midtown Monitor

Serving Midtown Neighborhoods Since 2004

August 2015



Look Inside

- Dundee Day Schedule
- Summer Concerts and Events
- Gallery and Theater Events
- Replacing Your Air Conditioner
- and much more...



The Seven Sisters roses in the above photo were on the property at the Thissen House in Neligh when I inherited the property in 1983. They probably came from the Thissen farm in Dutch Hollow, an area six miles east of Neligh, where Grandpa Thissen settled in 1893. He came from the Netherlands in 1882 and it is possible he brought them by boat to Ellis Island. Dundee resident Mary Mahony

If you have a great photo of midtown send it to midtownmonitor.omaha@gmail.com



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Now Open at Midtown Crossing | 3220 Farnam Street, Ste. 2103 | RoyallLuxOmaha.com

Dundee Day

Saturday, August 29th 8AM-11PM

-Located in the 50th and Underwood "downtown Dundee" area
Fun for the whole family!

| | | |
|-----------------------------|----------|----------|
| Rundee | 8:30 AM | 10:30 AM |
| Dundee Parade | 10:30 AM | 11:45 AM |
| Farmers' Market | 8:00 AM | 12:00 PM |
| Flapjacks Pancake Man | 8:00 AM | 11:00 AM |
| Bike Rodeo | 8:30 AM | 10:30 AM |
| Dundee Bank Street Olympics | 12:00 PM | 2:00 PM |
| Vendors | 8:00 AM | 4:00 PM |
| Free all-levels yoga class* | 9:00 AM | 10:00 AM |



There will also be a bounce house from 8-4. Sign up for Rundee 5K online at: www.dundeerundee.com or in person at Omaha Healthy Kids Alliance on Underwood Street.

Music/Beer Garden 4:00 PM 11:00 PM featuring:

- 5pm SUCETTES - Omaha supergroup featuring Dave Goldberg of Solid Goldberg and the Carcinogens.
- 6 pm PRAIRIE GATORS - Cajun-focused, two-steps, waltzes, Louisiana & country standards, zydeco and a few traditional folk songs.
- 7:20pm LINOMA MASHERS - Playing a mix of ska, reggae, calypso and surf, the Linoma Mashers have been playing happy music together for 30 years.
- 9:pm RHYTHM COLLECTIVE - Original reggae, ska and calypso styles. They also perform reggae and ska - styled covers.

* Offered courtesy of One Tree Yoga in the "sunks" grassy area at Happy Hollow and Underwood. Bring your own mat!



Photos from Dundee Day 2008

Midtown Entertainment

National Touring Musicians Set to Perform

Midtown Crossing's popular End of Summer Concert Series, presented by the University of Nebraska at Omaha (UNO), is back again, bolder than ever, bringing its eclectic mix of music to Turner Park for a fourth year in a row.

Held on three consecutive Thursday evenings, the Series launches on August 20 with Judah and the Lion, a folk/bluegrass band (in the style of Mumford and Sons) that recently toured with Mat Kearney. Concertgoers may also recognize this band's music, currently featured in a Nature Valley commercial. The UNO Marching Mavericks will open.

A favorite tour companion of ZZ Top and currently touring in Europe, The Ben Miller Band makes an End of Summer Concert Series appearance on August 27. Described as "Ozark stomp," the band's unique sound includes its signature use of a mic-ed up washboard and "electric spoon." The UNO Percussion Ensemble will open.

Up-and-coming country star Logan Mize wraps up the series on September 3. The Huffington Post named him one of "15 Country Artists You Need to Watch in 2015" and many may know his music from satellite radio. The UNO Jazz One will open. A fireworks finale, immediately following the concert, will cap off the evening and kick off Labor Day Weekend.

"We couldn't be more excited to welcome such a talented line-up of nationally touring performers to Turner Park," said Molly Skold, Midtown Crossing's vice president of marketing and communications. "Concert-goers are truly in for a treat, as this line-up is the best yet for the End of Summer Concert Series."

All performances are free to the public with the Turner Park venue opening at 5 p.m. Midtown Crossing restaurants and retailers will be on location, offering grilled fare, cold drinks and interactive games. Restaurants on the park are also accepting outdoor patio reservations.

The UNO opening acts beginning at 6:30 p.m. each night with the headliner taking the stage at 7 p.m. This is UNO's third year as series sponsor.

Notable Upcoming Events

Dundee Day - August 29th, Full Day of Fun For Everyone! Pancake Breakfast, parade on Underwood Avenue, exhibits, beer garden. Full schedule page 3.

Farnam Festival September 12th-
Mark your calendar. More details next month.

Hanscom Park Neighborhood Tour

Sunday, October 4, 2015

Noon to 5 p.m.

Featuring a mix of homes, churches and buildings ranging from early 20th Century four squares to 1950s Mid-Century Modern properties to tour. Tickets are \$15 each or two for \$20 or \$10 each and 2 for \$15 for Restoration Exchange Omaha (REO) members. Save even more by becoming a 2016 member of REO and your ticket is FREE. Purchase tickets in advance at www.restorationexchange.org or on the day of the tour at the Center Mall, 42nd and Center Streets. On the day of the event, check in on the east side of the Mall to get your tour booklet and choose to walk, drive or take a free shuttle to the locations. All proceeds support REO education and advocacy activities.

The tour is sponsored by the American Institute of Architects, Omaha Chapter and is made possible by a grant from the Midtown Neighborhood Alliance. All proceeds benefit Restoration Exchange Omaha's work to preserve this areas historic properties.

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Please thank them for their support!**

The Eclectic Book Review Club

in its 66th season, begins its fall series of reviews on September 15 at the Omaha Field Club, 3615 Woolworth Avenue. A noon lunch will be followed by the 12:30 review.

Sept.15 – Omaha author Summer Miller reviews her book “Prairie Kitchen.”

Oct. 20 – Emily Getzchman from Omaha Public Library will review “All the Light We Cannot See” by Anthony Doerr.

Nov.17 – Author Alex Kava will review her latest book “Silent Creed.”

The cost of the luncheon is \$13. For reservations, which must be made by the Monday prior to the event, please call Rita at 402-553-3147.



Saturdays @ Stinson Event Schedule

Aksarben Village – Stinson Park

Every Sunday from May - October is the Omaha Farmers Market from 9am – 1pm as well as Get Fit in the Park from 10am – 12:30pm. Fun Run at 10am and Zumba at 11:30am.

AUGUST

- 1 Omaha Crush – Wine Festival 1pm – 5pm
- 7 DJ Dash 5K 7pm -9:30pm
- 8 Lemon Fresh Day Concert 7pm – 10pm
- 15 MAHA Music Festival 12pm – 12am
- 22 Confidentials Concert 7pm – 10pm
- 28 US Air Force Heartland of America Band – Vortex 7pm – 8:30pm
- 29 Yesterday & Today – Beatles Tribute Concert 7pm – 10pm

SEPTEMBER

- 10 Brewhaha – Habitat for Humanity 5pm – 9pm
- 13 American Lung Assoc. Corporate Cup Run 8am – 12pm
- 20 Superhero Heart Run 12pm – 4pm
- 26-27 ARTsarben Art Festival 10am – 5pm

Recent Midtown Homes Sold

Find them online
www.midtownmonitor.com

| | | | | | | |
|--------------|------------------|---|---|---|-----------|---------|
| "\$139,900 " | 1315 S 51 Avenue | 3 | 2 | 1 | 1.5 Story | "1,566" |
| "\$148,900 " | 5511 Jackson St | 3 | 3 | 1 | 1.5 Story | "1,864" |
| "\$165,000 " | 6239 Poppleton | 3 | 2 | 1 | 1.5 Story | "1,900" |
| "\$170,000 " | 1212 N 52 St | 4 | 2 | 1 | 1.5 Story | "2,091" |
| "\$170,000 " | 5553 Mayberry | 4 | 2 | 1 | 1.5 Story | "2,010" |
| "\$179,900 " | 5804 Briggs St | 4 | 3 | 2 | 1.5 Story | "1,907" |
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| "\$185,000 " | 5646 Poppleton | 3 | 2 | 1 | 1.5 Story | "1,595" |
| "\$192,500 " | 5707 Pacific St | 3 | 2 | 2 | 1.5 Story | "1,670" |
| "\$203,000 " | 5711 Mason St | 3 | 3 | 1 | 1.5 Story | "1,984" |
| "\$207,000 " | 6426 Glenwood | 3 | 2 | 2 | Ranch | "1,503" |
| "\$230,000 " | 531 S 50th Ave | 3 | 2 | 1 | 1.5 Story | "1,490" |
| "\$235,000 " | 5805 Nicholas St | 3 | 2 | 2 | 1.5 Story | "1,409" |
| "\$255,000 " | 1006 N 63 St | 3 | 2 | 2 | Ranch | "1,643" |
| "\$257,000 " | 5631 Emile St | 3 | 2 | 1 | 2 Story | "1,968" |
| "\$263,000 " | 320 S 51 St | 3 | 3 | 1 | 2 Story | "2,263" |
| "\$325,000 " | 5632 Emile St | 4 | 2 | 2 | 2.5 Story | "2,810" |
| "\$497,000 " | 5678 Marcy St | 5 | 5 | 2 | 2.5 Story | "3,949" |
| "\$575,000 " | 412 N 61 St | 4 | 4 | 2 | 2 Story | "4,450" |

SAVE THE DATE:

Holland Lecture Series

Dale Ho Presents "In Defense of Democracy:
 Voting Rights 50 Years after Selma"
 Thursday, September 24 7:30 PM
 Holland Performing Arts Center

FREE tickets for this reserved seating event will be available Monday, August 24 at Ticket Omaha.

Dale Ho supervises the ACLU's voting rights litigation nationwide, with active cases in over a dozen states in every region of the country. He defends our most fundamental right by combating voter suppression and by opening opportunities for participation for the historically disenfranchised.

Prior to joining the ACLU, Mr. Ho, a graduate of Princeton and Yale Law School, was assistant counsel at the NAACP Legal Defense fund.

As the 2016 elections approach, come and hear about the state of voting rights, redistricting and the continuing effort to block voter registration.

Our thanks to Raquel Ahlvers, The Ahlvers Group, CBSHOME Real Estate for providing this information.

The Holland Lecture Series is sponsored by First Unitarian Church of Omaha. www.firstuuumaha.org

What to do When Replacing your Air Conditioner

By David Holtzclaw of Transduction Technologies

Unfortunately, ACs sometimes fail during the time you need it most. It's Friday afternoon, 90°F inside and outside, and your AC repair person gives you two options: repair your 20 year old AC for \$700 or replace it with a new one for \$3000. What do you do?

First, recognize that either choice will lead to 12 – 48 hours of discomfort. Second, realize that the average lifespan for an AC in Nebraska is 15-20 years. So repairing a 20 year old AC is a waste of money. Plus, new AC's are significantly more efficient than older units, so without question, the new AC is the better way to go.

However, before you sign the purchase agreement, make a few requirements, in writing. Notice I've said requirements, not requests. First, require the HVAC contractor to perform what's called a "cooling load calculation" or a "Manual J" calculation to properly size your AC. Require a printed version of the "Manual J load sheet" be given to you with the specification sheet of the new AC before the order is placed. The new AC "cooling size" or cooling capacity should match the Manual J calculated cooling load. This is referred to as a Manual S (S is for sizing). Require a Manual S print out as well. Now, you may not be able to understand either sheet, but by doing this you've: A) made the HVAC contractor actually think about the best equipment choice for your home; and B) made the contractor give you a copy of their calculations, so if any issues arise down the road, you now have evidence.

Why do this? Up until the last 5-10 years, the vast majority of ACs installed in the U.S. were oversized. For AC replacements, most local HVAC contractors will

simply replace the existing AC with a new AC of the same size. So your new AC will be equally oversized as your old AC. Why is this bad? First, the oversized AC will cost more than the smaller, correctly sized AC. Secondly, the oversized AC will "short-cycle" or run for shorter periods instead of longer periods. Short-cycling will lead to wider temperature swings within the house, poorer performance, higher indoor humidity, poor indoor air quality, more noise, and shorter equipment lifespan. Do NOT let the contractor talk you out of performing a Manual J and Manual S calculation. These are required for new construction permits, so the HVAC company has someone in-house who can perform these calculations. Yes, it may delay the installation another day, but in the end it is worth it. Thirdly, require (in writing) that the HVAC contractor perform an HVAC SAVE test and score 85% or better. This demonstrates that the equipment was properly installed. Again, ask for paper copies of the test results. I've previously talked about the HVAC SAVE testing program (<http://www.hvacsave.com/>) in the February 2015 issue of the Midtown Monitor. Finally, OPPD is currently offering significant rebates on new, energy efficient ACs and heat pumps through the OPPD HVAC Smart program (<http://www.oppd.com/residential/products-programs/hvac-smart/>).

2015 Farmers Markets

Omaha Farmers Market - Aksarben Village

67th & Center St. 402.345.5401
Sunday 9am–1 pm May 3–October 18

Benson- Military Ave.

at new location
Omaha Home For Boys
402.571.1785
Saturday 8am–1pm
May 2–September



Gifford Park Neighborhood 33rd & California St.

402.558.4070
Friday 4pm–8pm May 29th–September

Omaha Farmers Market - Old Market

11th & Jackson St.
402.345.5401
Saturday 8am–12:30pm May 2–October 17

Midtown Galleries & Theaters

Modern Artists Midtown (MAM)

3615 Dodge St. 402-520-8737

www.modernartsmidtown.com

Gallery hours: Tuesday to Saturday, 11 a.m. to 6 p.m.
August 7 to 28

New works by Graceann Warn

Opening reception, Friday, August 7, 6 to 8 p.m.

Cathedral Arts Project, Sunderland Gallery

3900 Webster St. 402-551-4888

www.cathedralartsproject.org

Gallery hours: Tuesday to Friday, 11 a.m. to 4 p.m.,
Saturday, 10 a.m. to 2 p.m., third Sunday of each month
through May 29

No special exhibitions until September.

Connect Gallery

3901 Leavenworth St.

402-991-8234 www.connectgallery.net

Gallery hours: Wednesday to Saturday 11 a.m. to 5 p.m.
August 5 to 8

Emerging Artists — “Intrepidity” Le Drake and Lila Ferber
Artist reception, Friday, August 7, 5:30 to 9 p.m.

Gallery open by appointment only from August 10 to 29

Anderson O’Brien Fine Art Old Market

1108 Jackson Street 402-884-0911

www.aobfineart.com

Gallery hours: Monday to Wednesday, 10 a.m. to 5:30
p.m., Thursday to Saturday, 10 a.m. to 9 p.m., Sunday 12
p.m. to 4 p.m.

August 7 to 31

Photographs by Kat Moser

Omaha Community Playhouse

6915 Cass St. 402-553-0800 www.omahaplayhouse.com

Howard Drew Theater

Mauritius—August 14 to September 13

Mauritius is a fast-paced dark comedy of the thrilling world
of philately (stamp collecting). When two half-sisters inher-
it a potentially valuable stamp collection upon their moth-
er’s death, differing views on what to do with the stamps
lead them to risky situations with nefarious characters.

Propelled by a tight plot and quick dialogue, Mauritius will
keep you on the edge of your seat!

Shelterbelt Theatre

3225 California St. 402-341-2757

www.shelterbelt.org

No current production.

SNAP Productions

3225 California St. 402-341-2757

www.snapproductions.com

In the Bones—August 20 to September 13

When a soldier home from serving in Afghanistan ends his
life, grief settles over his family and the partner he leaves
behind. In a series of scenes moving ahead a year at a time,
loss transforms a family and sorrow finds a home in the
bones of those left behind.

Blue Barn Theatre

614 S. 11th St.

402-345-1576 www.bluebarn.org

Next production in September.



View Updates and Other Community Affairs
/Calendar Listings
Online at www.midtownmonitor.com

UNMC research team studying failed stents for peripheral artery disease with \$3.5 million grant

Researchers at the University of Nebraska Medical Center have received a five-year, \$3.5 million grant funded by the National Institutes of Health to find out why stents don't work well for treating peripheral artery disease (PAD).

In the last decade, there's been an explosion in treating PAD using angioplasty and stenting – a minimally invasive procedure in which the patient is awake and usually leaves the hospital the next day.

Stents, small tubular metal devices that doctors put in diseased arteries to keep them open, work well in the heart, but often fail miserably in the leg arteries. Though peripheral artery disease stents may generally work for many patients, there is significant room for improvement as many patients require repeat procedures in as little as one or two years, said Jason MacTaggart, M.D. A national study estimated the cost at \$21 billion a year.

Dr. MacTaggart, a vascular surgeon, and Alexey Kamenskiy, Ph.D., a biomedical engineer, both assistant professors in the UNMC Department of Surgery, are co-principal investigators of the research study.

"There are several ways to treat PAD, but none of them are really very good," Dr. MacTaggart said. "It's frustrating for doctors and patients. Everybody is trying to build a better mouse trap, but nobody really has. With the support of the UNMC department of surgery and our team of collaborators, we are taking a rational approach to figure out why stents don't work very well in the legs."

Researchers will study donor cadavers and arteries of various ages and stages of disease to gain accurate information to design computer models that would be used to determine which stent is best to use in individual patients. The computer predictions will be verified in PAD patients receiving stents at Nebraska Medicine, UNMC's hospital partner, and the VA Medical Center.

"Our goal is to help make better stents and to personalize PAD interventions. We analyze how these stents go into the artery, how they interact with the arterial wall as we walk, and how to make this interaction more favorable," Dr. Kamenskiy said. "Right now there's a lot of art to using stents in PAD. We are trying to do less art and more science."

Peripheral artery disease reduces or completely cuts off blood flow in the leg arteries. This results in pain, numbness of the feet, inability to walk, wounds that won't heal, and, in worse case scenarios, amputation of the toes, feet or legs. The risk factors include diabetes, smoking, high blood pressure, high cholesterol, obesity, and aging.

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Back issues of the Midtown Monitor.

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www.seasonalgardens.com



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www.middlewestmovers.net

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All advertising must be prepaid for entire schedule, ads run consecutive months.

Call 402-714-1016

Email: midtownmonitor.omaha@gmail.com to inquire about display advertising rates.



Midtown Business Owners

You're invited to the

MBA Meeting August 26th, 2015

Noon, UNMC private dining room, just \$10. for lunch.
Must make reservations by Friday prior to meeting.

E-mail contact@midtownbusinessassociation.org
or Peggy Case at pcase@snbomaha.com 402-449-0920

Luther Memorial Church 61st and Western

8:45 Traditional Worship and 11am The Spirit Alive Worship

10 am Christain Education for all ages

<http://lmlchurch.org> 402- 551-4488

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3114 Harney Street

All are welcome

The People's Film Festival will show "Dirty Wars" (description below) at First Unitarian on Tuesday, 8/18 @ 7:00 pm.



From the Front Lines, if You Can See Them 'Dirty Wars,' Directed by Richard Rowley Dirty Wars is a NYT Critics' Pick

(Excerpt from a New York Times Review)
By STEPHEN HOLDEN
JUNE 6, 2013

The thesis of Richard Rowley's pessimistic, grimly outraged and utterly riveting documentary "Dirty Wars" is that America's largely clandestine war on terror is now globally entrenched. Far from ending, the film argues, the fight has spread and begun breeding an increasing hatred of the United States that would have delighted Osama bin Laden. Because it is a hidden war, there are few Congressional restraints on how it is conducted.

To learn more about the movie visit:

<http://www.imdb.com/title/tt2532528/awards>

For more info visit. www.firstuoumaha.org

Local Foods Conference

WHEN: Friday, August 14th from 9:00 a.m. - 3:00 p.m.

WHERE: Omaha Home for Boys (4343 N 52nd St.)

The U.S. Department of Agriculture (USDA) Nebraska Food and Agriculture Council (FAC), in cooperation with Congressman Brad Ashford and local sponsors, will take the day to highlight local and urban foods initiatives in the greater Omaha area with a focus on technical, financial, and educational support services available through USDA agencies and partners.

The agenda will include roundtable discussions with speakers and experts from local and federal government agencies, non-profit organizations, and business partners. A luncheon featuring local food prepared by Omaha culinary students will precede an afternoon tour of the Omaha Home for Boys Cooper Memorial Farm.

Attendance to the day's events is free and open to the public. The local foods luncheon will be provided at a small fee per individual.

Questions? Contact Daniel Alvarado at daniel.alvarado@ne.usda.gov

Sunday Services at First Unitarian Church of Omaha:

Services at 10:30am

8/9 "Cup Half Empty? Truth and Chocolate" Sermon by Rev. Sarah Voss

8/16 Economic Inequality

8/23 "Come Sing a Song with Me"

Early Morning Risers feat. Stan Harper

8/30 "Emptiness" Sermon by Rev. Frank Rivas

3114 Harney St www.firstuoumaha.org (402)345-3039

