

Midtown Monitor

September 2016

REO Fall Tour

Aksarben Neighborhood



Inside

- REO Fall Tour ● Upcoming Events
- Gallery and Theater Listings
- Thermal Comfort ● and much more...



AKSARBEN Neighborhood Tour

Sunday, October 2, 2016 • Noon to 5 p.m.



TICKETS: \$15 or 2 for \$25

REO Member Price: \$10 or 2 for \$15

Tickets available on the day of the tour at
Mount Calvary Lutheran Church - 5529 Leavenworth Street
or online at www.restorationexchange.org

Join or renew your Restoration Exchange membership for 2017
and your tour ticket is **FREE!**

This year's fall tour features:

- 9 Historic Homes, 1 Church and Several Backyard Gardens
- Tour Booklet
- An easy 2.6 mile biking/walking route
OR complimentary shuttle

Major Tour Support Provided By:



And A Grant From:
MIDTOWN
NEIGHBORHOOD ALLIANCE



For more information and to purchase advance tickets
visit www.restorationexchange.org


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Our Lady of Lourdes *Annual Fall Festival*

Sunday, September 25th 12:00 – 9:00 p.m.

Raffle prizes, a huge silent auction, live music all day,
beer gardens, great food, games, rides, and much more.

Fun for the whole family!

The parish is located at 32nd Ave. and Martha St.
ollomaha.com/fallfestival



2016 Fall Tour: Akarben Neighborhood

Sunday, Oct. 2, 2016 Noon to 5 pm.

The 2016 Fall Neighborhood Tour will feature a church and a mix of Tudor, Revival, Bungalow and Spanish Colonial style homes in the Aksarben neighborhood (Leavenworth to the north, Center Street to the south, 50th Street to the east and 72 Street to the west). Tickets are \$15 each or 2 for \$25.

Become a Restoration Exchange Omaha 2017 member at the tour and your ticket is FREE.

You can purchase tickets the day of the tour at Mount Calvary Church, 5529 Leavenworth St. or online at www.restorationexchange.org. Tickets include a tour booklet filled with a history of the tour sites and neighborhood, thanks to work by University of Nebraska at Omaha honors students. The tour route is 2.6 miles – you can walk, bicycle, drive or take a free shuttle to the locations.

The tour is sponsored by the American Institute of Architects, Omaha Chapter, and is made possible by a grant from the Midtown Neighborhood Alliance.



10 Tour Sites

Mount Calvary Lutheran Church – 5525 Leavenworth St.

5501 Leavenworth Street

1301 South 52nd Street

5848 Hickory Street

5844 Pine Street

1310 S 63rd Street

6239 Poppleton Avenue

6024 Poppleton Avenue

5611 Leavenworth Street

5522 Marcy Street



Notable Upcoming Events

First Unitarian Church of Omaha

3114 Harney Street All are welcome

For more info visit. www.firstuomaha.org

People's Film Festival

Sept. 19, 7pm. "The Day After Peace". The second award-winning documentary from Jeremy Gilly, which follows his work toward a globally observed day of ceasefire and non-violence. A moving testament to the perseverance of the human spirit.

The second annual **Joslyn Castle Sunday Flea Market** returns to the Castle grounds on Sunday, September 18, 2016. Admission is \$5 per person.

The Flea Market will be held from 11 AM to 4 PM on our regularly scheduled tour Sunday, so attendees to the flea market will also get to enjoy a self-guided Castle tour. Food trucks will be there.

Mark your Calendar

Restoration Exchange Omaha

2016 FALL TOUR:

AKSARBEN NEIGHBORHOOD

Sunday, Oct. 2, 2016 Noon to 5:00pm

Holland Lecture Series

Save the Date

Wednesday, October 26

Speaker: Joseph H. Carens

Topic: "The Ethics of Immigration"

More info to follow.



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**They make this newsletter possible..
Please thank them for their support!**

Omaha Sierra Club Program

State of Recycling in Nebraska

Thurs. Sept. 22, 2016, 7 p.m.

First United Methodist Church, 7020 Cass Street, Omaha

Carrie Hakenkamp, executive director of WasteCap Nebraska, will give an overview of how well our communities in Nebraska are recycling. She'll discuss the debate questioning the economic and environmental benefits of recycling. She'll also discuss principles of "zero waste," and how WasteCap is working to help communities achieve this goal; and she'll inform us of WasteCap's priorities for the coming years.

Please join us to learn more about recycling in Nebraska. Sierra Club programs are free and open to the public. More information at www.sierraclub.org/nebraska



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For updates on events and other information

Visit: www.midtownmonitor.com

**First Central Congregational Church,
United Church of Christ,
36th and Harney Streets**

These Open Forums are free and open to the public, and will be held at located in midtown at the corner of at 9:10 a.m. on the dates noted.

For more information, you may call 402-345-1533.

9/11/16 - "The Scopes Trial" Fred Nielsen

To coincide with the Brigit Saint Brigit Theatre production of "Inherit the Wind," Fred Nielsen of the UNO history department will explore the story behind the play: The so-called Monkey Trial of 1925, in which John Scopes, a Tennessee biology teacher was prosecuted in 1925 for teaching evolution in his high school. The courtroom battle between Clarence Darrow and William Jennings Bryan riveted the nation. The issues over which they clashed, modernism and fundamentalism, continue still.

9/18/18 – Rev. Katie Miller, CHURCH 2.0

Social media. It's everywhere. (or is it?) It's complicated. (or is it?) It builds/ruins friendships, gives us glimpses inside the lives of people across the globe, and makes the election unavoidable. But is it FRIEND or FOE of the church? Rev. Katie Miller, current Associate Minister at FCC and former Marketing Assistant/Social Media human at the Chicago Theological Seminary, will share her thoughts on the subject.

9/25/16 - Science & Spirituality Sunday

"When Science & Religion Are in Conflict" As part of our Science & Spirituality Weekend join this panel discussion including guest speaker Dr. Howard Gendelman, Chair, Department of Pharmacology and Experimental Neuroscience at UNMC, whose own HIV/AIDS research has been the subject of religious controversy.

10/9/16 - Fred Nielsen - Grimke Sisters

In the early 1800's, a century before women had the right to vote and two centuries before a woman won a major party's nomination for president, there were the Grimke sisters of South Carolina, Sarah and Angelina.



The Completely KIDS Guild-sponsored Big Red Tailgate is back! Bring your sports enthusiasts and Completely KIDS fans, and come ready for a night of friends, fun and food. Mark your calendars for September 23 and join us at Embassy Suites La Vista on the Friday night before the Huskers take on the Northwestern Wildcats in Illinois. Reservations at completelykids.org or (402) 397-5809. Proceeds benefit Completely KIDS.

First Unitarian Church of Omaha

3114 Harney Street All are welcome
For more info visit. www.firstuomaha.org

People's Film Festival

Sept. 19, 7pm. "The Day After Peace". The second award-winning documentary from Jeremy Gilly, which follows his work toward a globally observed day of cease-fire and non-violence. A moving testament to the perseverance of the human spirit.

Tolerant Atheist Group

Thursday, Sept. 8 at 7pm in the Common Room. We will be viewing the Star Trek episode Who Watches the Watchers? After viewing, discussion will be framed by a series of thought provoking questions, which will hopefully keep you pondering the ways of the universe long after the evening is done. As usual, the doors will open at 6pm for those interested in "Bring Your Own Dinner" and socializing.

Taoism Discussion Group

Tuesday, Sept. 27 at 6:30pm in the Common Room. Join us to discuss anything and everything related to Taoism! As Taoism is best understood through practice rather than theory, the goal of this group is to provide a participatory space to explore how Taoism is applied in daily life, with an emphasis on experience. With our direct experiences as a reference point, we can then delve into the main texts of Taoism. This group will be led by Geoff Erikson, gerickson03@yahoo.com.

Holland Lecture Series

Wednesday, October 26

Speaker: Joseph H. Carens

Topic: "The Ethics of Immigration"

In a world of relatively closed borders like ours, citizenship is an inherited status and a source of privilege," says Joseph H. Carens, an advocate of open borders and the author of the 2013 book, *The Ethics of Immigration*. In the United States, a country built on the concept of immigration, the movement to close our borders and restrict entry for new citizens has never been stronger. Carens is a political theorist who has written several books and over 70 articles or book chapters.

His work explores the broad ethical themes of issues related to immigration, multiculturalism and economic justice, including citizenship, refugees, economic migration and irregular migration. Carens is a professor of Political Science at the University of Toronto and teaches courses on the history of political thought and alternative approaches to political theory.

2016 Farmers Markets

Omaha Farmers Market - Aksarben Village

67th & Center St. 402.345.5401
Sunday 9am–1 pm May 8–October 16

Benson- Military Ave.

Omaha Home For Boys
Saturday 8am–1pm
May –September



Gifford Park Neighborhood 33rd & California St.

402.558.4070
Friday 4pm–8pm May 27th–September

Omaha Farmers Market - Old Market

11th & Jackson St.
402.345.5401
Saturday 8am–12:30pm May 7–October 15

Eclectic Book Review Club

On October 11, 1949, the Eclectic Book Review Club met for the first time at the Hill Hotel (currently the Kensington Tower) where club member Mrs. John Jesse presented the first review.

Sixty-seven years later and currently meeting at the Field Club of Omaha, the 122 member club is announcing the following fall schedule:

Sept 20 – World-Herald editorial page editor Cate Folsom & retired marine Col. John Folsom will review their book: “Smoke the Donkey: A Marine’s Unlikely Friend.”

Oct 18 – Astronaut Clayton Anderson will come from Houston, TX, to review his memoir, “Ordinary Spaceman.”

Nov 15 – Mike Kelly, World-Herald columnist will review his book, “Uniquely Omaha.”

The monthly meetings, which include lunch and a book review, are held at noon at the Field Club, 3615 Woolworth Ave. The cost is \$13 per person per month.

To reserve a seat, call Rita at 402-553-3147. Reservation deadline is Monday morning prior to the Tuesday meeting. For reservations, call Rita at 402-553-3147.

Jane Meehan, program chairman 402-556-9452

Elders for the Earth: A Retreat in the Spirit of Chautauqua

WHEN: October 3rd - 6th
WHERE: Mahoney State Park, Ashland, NE

Local elders are coming together to learn and share their collective wisdom in informative, fun and creative community building ways. Folks 50 years and over are especially encouraged to participate in this multi-disciplinary gathering including fellowship, lectures, music, the arts, being in nature and even some fun in the midst of the climate crisis. Community and state leaders will address our changing climate and there will be a variety of workshops/ playshops including: Nebraska Life magazine's Alan Bartels teaching nature photography, mindful walking on the earth, green business practices and more.

Details about registration, costs and schedules are at: Elders4theearth.com

Questions? Call 402-431-2338

Beyond Recycling Webinar: Implementing Reduce and Reuse

WHEN: Wed., Sept. 14th from 11:30 a.m. - 12:30 p.m.
WHERE: Online

Register now for the Beyond Recycling webinar with WasteCap Nebraska and U.S. Zero Waste Business Council.

While recycling is an important part of the journey to Zero Waste at any business, businesses that have reduced wasteful processes and implemented reuse systems before focusing on recycling have realized the most savings. This webinar demonstrates how to save money, reduce your environmental footprint, and make the best use of available tools and resources on those all important R's: Reduce and Reuse. Presented by Stephanie Barger, Founder and Executive Director of U.S. Zero Waste Business Council.

Register at: <https://attendee.gotowebinar.com/register/3532720237731496964>

19th annual Omaha Women's Health & Wellness Conference offers 'Strength and Motivation for Life's Challenges'

The 19th annual Omaha Women's Health and Wellness Conference will be held Friday, Oct. 7, from 8 a.m. to 4:30 p.m. at the La Vista Conference Center, 12520 Westport Parkway.

The conference, which is open to the public, offers a day of new health insights, encouraging and empowering messages, health screenings, exhibits and fun. The conference is hosted by the Olson Center for Women's Health, University of Nebraska Medical Center, Nebraska Medicine, University of Nebraska at Omaha and WELLCOM.

The theme of the conference is "Strength and Motivation for Life's Challenges" and will feature three main sessions and six health education sessions.

It will kick off with a continental breakfast and morning health fair with more than 40 vendors offering health screenings, education, demonstrations, massage, consultation, and products available for purchase.

Registration deadline is Sept. 30. The cost of the conference is \$59, which includes lectures, exhibits, breakfast, lunch and afternoon refreshments and door prizes. Continuing nursing education credit is available at an additional \$30.

Low cost screenings including lipid and glucose profile and complete blood count will be available for \$17, and a thyroid-stimulating hormone test will be available for \$7. Flu shots will be offered for \$20.

Opening session speaker, Steven Wengel, M.D., professor and chair of the UNMC Department of Psychiatry, will explore the positive and negative effects of stress and offer practical ways to reduce stress level to cope with the ups and downs of life.

General session speaker will be Sheritta Strong, M.D., assistant professor, UNMC Department of Psychiatry, who will talk about resilience and overcoming adversity -- what traits are important to maintain resiliency or to return to this state and how to overcome obstacles.

Breakout sessions include:

- Being a Smart Consumer of Health Insurance, Cindy Jodlowski, Blue Cross Blue Shield Nebraska, will discuss the importance of educating yourself on health insurance and when to use your benefits.
- Sexploration: Teens, Sexual Identity, and Self-image, Amy Lacroix, M.D., UNMC Department of Pediatrics, will address the changing sexual environment that teens are facing and some practical things to support them.
- That's the Third Time I've forgotten Where I Left My Glasses This Week! Do I Have Alzheimer's Disease? Stephen Bonasera, M.D., Ph.D., UNMC Department of Internal Medicine, Division of Geriatrics and Gerontology, will talk about Alzheimer's warning signs, and steps families can take to deal with the challenges of caregiving.
- Carbohydrate Queries: What You Need to Know about Fueling with Carbs and Sugars, Meghan McLarney, registered dietician, Nebraska Medicine Diabetes Center, will share the ways carbohydrates impact daily nutrition and health and talk about the different types of carbohydrates and how to choose the best carbs.
- Sex Trafficking: Unseen but Present, Sister Rosalee Burke, Notre Dame Sisters; Coalition on Human Trafficking, will talk about what sex trafficking is, where it takes place, who is vulnerable, and what can be done about it.
- Need Tips on Retirement? Take it from a Pro, Betty Foster, Ph.D., retired from the UNMC Department of Internal Medicine, Division of Geriatrics and Gerontology, has been retired for 18 years and has experienced the ups and downs of retirement. From her personal perspective and as that of a gerontologist, she will offer her tips on a satisfying retirement.

Breast cancer survivor, Ashli Brehm, will be the closing session speaker.

For more information and registration, call 402-559-6345 or go to <http://omahawomenshealthandwellness.org/agenda>.

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Visit: www.midtownmonitor.com

Midtown Galleries & Theaters

Modern Artists Midtown (MAM)

3615 Dodge St. 402-520-8737

www.modernartsmidtown.com

Gallery hours: Tuesday to Saturday, 11 a.m. to 6 p.m.

September 2 to 30

Mysterium: Featuring Graceann Warn, Steve Mueller, John Andrews, Michael Tegland, Janet Eskridge and Justin Meyers.

Opening reception, Friday, September 2, 6 to 8 p.m.

Cathedral Arts Project, Sunderland Gallery

3900 Webster St.

402-551-4888

www.cathedralartsproject.org

Gallery hours: Tuesday to Friday, 11 a.m. to 4 p.m.,

Saturday, 10 a.m. to 2 p.m., third Sunday of each month

August 23 to September 27

De-constructing Kimball

Connect Gallery

3901 Leavenworth St.

402-991-8234 www.connectgallery.net

Gallery hours: Wednesday to Saturday 11 a.m. to 5 p.m.

September 7 to October 1

Robert Klein Engler—The World Through the Artist's Eye

Artist Reception, Friday, September 9, 5 to 9 p.m.



Anderson O'Brien Fine Art Old Market

1108 Jackson Street 402-884-0911 www.aobfineart.com

Gallery hours: Monday to Wednesday, 10 a.m. to 5:30

p.m., Thursday to Saturday, 10 a.m.

to 9 p.m., Sunday 12

Featuring new works by Pamela Adger, jewelry; Nadine McHenry, oil; Signe Stuart, mixed media.

the little gallery

5917 Maple St. 402.681.1901

<https://polecatcommunications.com/the-little-gallery>

Gallery Hours: Wednesday through Friday from 3 to 6pm;

Benson First Friday from 3 to 9pm; Sat from 10am to 1pm

Omaha Community Playhouse

6915 Cass St. 402-553-0800

www.omahaplayhouse.com

Howard Drew Theater Theater

To Kill a Mockingbird—August 19 to September 18

Based on Harper Lee's Pulitzer Prize-winning novel, To Kill a Mockingbird is one of the most beloved stories of all time.

Despite threats to himself and his family, lawyer Atticus

Finch defends a black man wrongly accused of a grave

crime. With the recent release of the newly discovered

sequel, Go Set a Watchman, this is a wonderful opportunity

to revisit To Kill a Mockingbird.

Hawks Mainstage Theater

Sister Act—September 16 to October 16

Based on the 1992 blockbuster movie and featuring original

music by eight-time Oscar winner Alan Menken, this uplift-

ing musical is filled with toe-tapping songs, show-stopping

dance numbers and a truly touching story. After witnessing

her mafia boyfriend commit a crime, nightclub singer

Deloris Van Cartier seeks help from the local police. She is

placed in the witness protection program in the last spot her

boyfriend would think to find her—a convent! Struggling to

fit in with a group of nuns, Deloris finds her calling working

with the convent choir.

Shelterbelt Theatre

3225 California St. 402-341-2757

www.shelterbelt.org

Next production in October.

SNAP Productions

3225 California St. 402-341-2757

www.snapproductions.co

The Quality of Life—through September 18

Blue Barn Theatre

1106 S. 10th St.

402-345-1576 www.bluebarn.org

The Resistible Rise of Arturo Ui—September 22 to October 16

Described by playwright Bertolt Brecht as 'a gangster play

that would recall certain events familiar to us all,' Arturo Ui

is a witty and savage satire of the rise of Hitler—recast by

Brecht into a fictional, small-time Chicago gangster's

takeover of the city's greengrocery trade in the 1930s. The

satirical allegory combines black comedy and overt moralism.

Using a wide range of parody and spoof - from Al Capone

to Shakespeare's Richard III and Goethe's Faust - Brecht's

compelling parable continues to have relevance wherever

totalitarianism appears today.

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Thermal Comfort

By David Holtzclaw of Transduction Technologies

This past summer was miserable for many midtown residents. I've never seen so many HVAC repair trucks in the neighborhood. One day, I counted five on my block alone (including my house). Was your house hot? Did your AC have a hard time keeping up? Why has this summer so miserable for so many people?

First, there was the weather. This is best measured by "cooling degree days" or CDD. CDD are a measure of the difference between outdoor temperature and a reference temperature that people generally find comfortable indoors. For residential applications, the reference CDD is typically 72°F. So if the average daily temperature is 80°F, then that day has 8 CCD. As you already know, this summer (June 1 – August 15, 2016) had 39% more CCDs than the typical Omaha summer (475 versus 288, data from <https://www.wunderground.com/>). Furthermore, this summer had higher relative humidity than the average Omaha summer (67% versus 61%) and higher night time low temperatures (68°F versus 63°F). Surprisingly, for human indoor cooling comfort, the average daily low temperature might be the most important parameter. At 63°F outdoor temperature (72°F indoor), a house can unload its heat to the outdoors much more efficiently than it can at 68°F. With high night time temperatures (above 70°F), the house stays hot and the air conditioner keeps cycling, fighting an uphill battle.

So how is human comfort define? Why am I sweating at night, but my spouse is pulling the blanket over their head? Thermal comfort is in fact a condition of the mind, specifically the endocrine and autonomic nervous systems. If you got an hour of free time, you can learn all about it (<http://www.healthyheating.com/Thermal-Comfort-in-Simple-Terms.htm#.V7vUUBHgJhE>). For those of you that just want to apply it, you can use the free Center for the Built Environment (CBE) Thermal Comfort Tool (<http://comfort.cbe.berkeley.edu/>), which is a web-based, graphical user interface for determining thermal comfort for a given building based on our current knowledge. On the interface, select the PMV method, then click on the SI-IP button on the bottom to switch to English units. For residential applications, keep the air speed around 15-30 fpm. You can then adjust the other variables and conditions on the interface to match you home and see how "comfortable" your house really is, and where you will need to set the thermostat to become "comfortable". The goal is to keep the red dot in the purple band on the displayed chart. This website is quite informative, giving you both hours of entertainment and multiple arguments with your housemates.

Recent Midtown Homes Sold

For additional sales, find them online

www.midtownmonitor.com

"\$135,000 "	3115 S 54 Street	3	1	1	Ranch	"1,529"
"\$136,750 "	5211 Pine Street	3	2	1	1.5 Story	"1,195"
"\$143,000 "	978 S 50th Street	3	2	1	1.5 Story	"1,460"
"\$147,000 "	5602 Walnut St	3	2	2	Ranch	"1,438"
"\$150,000 "	5560 Poppleton	2	2	1	Bung	"1,191"
"\$150,000 "	4532 Hickory St	3	3	1	1.5 Story	"1,216"
"\$150,000 "	631 N 48 Street	3	2	1	1.5 Story	"1,546"
"\$150,000 "	813 S 68 Street	4	2	2	Ranch	"1,690"
"\$160,000 "	1510 S 52 Street	3	1	1	1.5 Story	"1,464"
"\$170,000 "	5615 Western	2	2	1	2 Story	"1,537"
"\$175,000 "	1328 N 52nd St	2	2	2	Ranch	"1,689"
"\$178,000 "	6465 Pierce St	3	2	1	1.5 Story	"1,467"
"\$185,000 "	6235 Poppleton	3	2	1	1.5 Story	"1,610"
"\$190,000 "	5636 Pierce Street	3	2	2	1.5 Story	"1,418"
"\$191,000 "	602 S 67 Street	3	3	2	Ranch	"1,956"
"\$195,000 "	1020 S 55 Street	3	2	4	1.5 Story	"1,613"
"\$205,000 "	332 S 69 Street	3	2	1	Ranch	"2,077"
"\$208,000 "	832 S 54 Street	3	2	1	1.5 Story	"2,002"
"\$215,000 "	5016 Western	4	2	1	1.5 Story	"2,180"
"\$220,000 "	907 Dillon Drive	3	2	2	Ranch	"1,225"
"\$224,500 "	856 N 68 Street	3	2	1	Ranch	"2,324"
"\$235,000 "	5831 Pine Street	3	2	1	1.5 Story	"2,617"
"\$235,000 "	1713 N 59 Street	4	3	2	Ranch	"2,152"
"\$242,500 "	5809 Pine Street	4	4	2	1.5 Story	"2,013"

Our thanks to Raquel Ahlvers, The Ahlvers Group, CBSHOME Real Estate for providing the real estate sales information.

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MBA Meeting Sept 28, 2016

Noon, UNMC private dining room, just \$10. for lunch.
Must make reservations by Friday prior to meeting.
E-mail contact@midtownbusinessassociation.org
or Peggy Case at pcase@snbomaha.com 402-449-0920

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Midtown Business Directory

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402-493-1321 www.topinsurance.net 5406 NW Radial Hwy Benson, NE 68104



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www.seasonalgardens.com

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Help Wanted
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depends on experience. Must be
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Call: 402-714-1016

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1/4 bc size \$25. or two for \$45., 3 for \$63.
All advertising must be prepaid for entire schedule, ads run consecutive months.
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